



Exercise Science (BS)

2+2 Snow College & SUU Academic Plan | College of Health Sciences

The following is a sample outline demonstrating how to complete this bachelor's degree **4 years (8 semesters)** for an **on-campus program, with the first two years completed at Snow College and the last two years completed at SUU**. This is a GUIDE ONLY. Students should meet with their Student Success Advisor and consult Degree Works for specifics. Each student's reality will vary slightly, as this plan does not include prior learning credits, such as transfer work, advanced placement (AP), or concurrent enrollment credits. Math and English placement will be based on the student's ACT/SAT scores or other placement tests.

PLEASE NOTE: The following plan assumes students are prepared to take the Math course listed. If prerequisites are required, additional semesters may be necessary to complete the degree.

Fall @ Snow College (1st Year)		Cr.	Counts As @ SUU
BIOL	1610 General Biology I (GE Life Sciences)*	4	BIOL 1610
BIOL	1615 General Biology I Lab (GE Life Sciences)*	1	BIOL 1615
EXSC	2010 Introduction to Exercise Science	3	KIN 2000
EXSC	1096 OR 1097 Fitness & Wellness OR Individual Lifetime Fitness	1	PE 1098
GNST	1200 Foundations	3	Elec 1000 E
HFSST	1020 Foundations of Nutrition	3	NFS 1020
Free Electives		1	Elective
TOTAL		15	credits

Spring (1st Year)		Cr.	Counts As @ SUU
BIOL	2320 Human Anatomy	3	BIOL 2320
BIOL	2325 Human Anatomy Lab	1	BIOL 2325
ENGL	1010 Introduction to Academic Writing	3	ENGL 1010
MATH	1050 College Algebra	4	MATH 1050
PE	2600 Introduction to Sports Medicine	3	KIN 3080
Free Electives		1	Elective
TOTAL		15	credits

Fall (2nd Year)		Cr.	Counts As @ SUU
CHEM	1110 Elementary Chemistry	4	CHEM 1110
CHEM	1115 Elementary Chemistry Lab	1	CHEM 1115
Social and Behavioral Science GE		3	S & BS GE
ENGL	2010 Intermediate Writing	3	ENGL 2010
GE Fine Arts		3	Fine Arts GE
Free Electives		1	Elective (1 credit)
TOTAL		15	credits

Spring (2nd Year)		Cr.	Counts As @ SUU
BIOL	2420 Human Physiology	3	BIOL 2420
BIOL	2425 Human Physiology Lab	1	BIOL 2425
PE	1543 First Aid**	3	PE 1543
GE American Institutions		3	American Institutions GE
GE Humanities		3	Humanities GE
Free Electives		2	Elective
TOTAL		15	credits

Fall (3rd Year)		Cr.	Semester(s)
KIN	2020 Functional Kinesiology	2	FA/SP
KIN	3050 Motor Learning	3	FA/SP
KIN	3070 Exercise Physiology	3	FA/SP
KIN	3075 Exercise Physiology Lab	1	FA/SP
KIN	3085 Athletic Training & Sports Medicine Lab†	1	FA/SP
Free Electives		5	FA/SP/SU
TOTAL		15	credits

Spring (3rd Year)		Cr.	Semester(s)
KIN	3060 Sports & Exercise Biomechanics	3	FA/SP
KIN	3065 Sports & Exercise Biomechanics Lab	1	FA/SP
KIN	4020 Research Methods & Stats in Exercise Sci.	3	FA/SP
KIN	4040 Exercise Testing & Prescription	3	FA/SP
KIN/NFS/PE	Major Upper-division Elective*	3	FA/SP
Free Upper-division Electives		3	FA/SP/SU
TOTAL		16	credits

Fall (4th Year)		Cr.	Semester(s)
KIN	4030 Clinical Applications of Exercise Science	3	FA/SP
KIN	4035 Clinical Applications of Exercise Science Lab	1	FA/SP
KIN/NFS/PE	Major Upper-division Elective*	3	FA/SP
Free Electives		8	FA/SP/SU
TOTAL		15	credits

Spring (4th Year)		Cr.	Semester(s)
KIN	4010 Methods of Sports Conditioning	3	FA/SP
KIN/NFS/PE	Major Upper-division Elective*	3	FA/SP
Free Electives		5	FA/SP/SU
Free Upper-division Electives		3	FA/SP/SU
TOTAL		14	credits

Total Degree Plan Credits: 120

Color Key	
Green	General Education courses
Pink	Major-required courses that also fulfill GE requirements
Black	Major courses
Blue	Education/licensure courses
Red	Electives/minor/etc.

Semester Key	
FA	Fall
SP	Spring
SU	Summer

Notes
- (*) indicates available options. See course Catalog for details.
- (**) Must take class or have current card at graduation.
- All students must earn a minimum of 40 upper-division credits (those numbered 3000-4999).
- Students interested in graduate school or a sports medicine field will replace "Free Electives" with graduate school prerequisite courses. Please work with an advisor.
- (†) indicates if student takes 1+ credits of EXSC 1997 OR 2997 (internship) @ Snow College specifically in the Athletic Training setting this course will be considered satisfied after the student completes a course substitution form with their advisor...However, student would then be required to complete 1 additional upper division credit at SUU
- Any courses taken as part of the Exercise Science major (including those taken at Snow College), must be passed with a C- grade or better
- If student graduates with AS in Exercise Science @ Snow, GE requirements are considered satisfied...but if student does not obtain an AS before transferring, SUU's requirement is that a student will need a C- grade or better for ENGL & MATH GE requirements and a one credit Integrated Learning GE course will also be required (e.g., INFO 1010)
- This agreement is based upon SUU 23-24 catalog requirements. If any changes are made in future catalogs, or anytime Snow or SUU make a change to degree requirements, this agreement would need to be reviewed.

